

Welcome to Kingaroy Neighbourhood Centre

We believe in communities where everyone is welcome, included and has their own contribution to make. Our Kingaroy Neighbourhood Centre offers groups, social events, activities and a welcoming space to people who are looking for ways to feel more connected.

If you're experiencing challenges in your life, we listen without judgement and can help you to access local services that support your wellbeing. Anyone in the South Burnett community is welcome to attend. We're always looking for new and interesting ways to engage with our community. If you have a suggestion for a group activity or see a need in the South Burnett that isn't being met, please call us.

We hope to see you soon!



Kingaroy Neighbourhood Centre
15 Albert Street, Kingaroy
4162 5439
centacaresouthburnett@bne.centacare.net.au
centacare.com/neighbourhood

Welcome to Kingaroy Neighbourhood Centre



The Crafty Collective

Love crafting, cuppas and giving back? Join our free group to make items that support local causes and our community. All welcome—no skills required! Please phone us to RSVP.

Location: 15 Albert Street, Kingaroy

Cost: Free



Garden Care

They say nature feeds the soul. Join us for a variety of projects including composting, growing flowers and vegetables and planning and designing new garden spaces. Enjoy a barbecue lunch with us once a month.

Location: 15 Albert Street, Kingaroy

Cost: Free



Table tennis

Drop by our community centre for free for a hit of table tennis. Everyone is welcome to come and play! Give us a call on 4162 5439 to register your interest.

Location: 15 Albert Street, Kingaroy

Cost: Free

What's on in October?

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 The Crafty Collective 10am-12pm	1	2 Garden Care 9.30am-12pm	3 Table tennis 12pm-1pm
7 The Crafty Collective 10am-12pm	8 Empower Hour 1.30pm-2.30pm	9 Garden Care 9.30am-12pm	10 High Tea for World Mental Health Day Table tennis 12pm-1pm
14 Meets and Beats 9am The Crafty Collective 10am-12pm	15 Proston Mental Health Group Empower Hour 1.30pm-2.30pm	16 Garden Care 9.30am-12pm	17 Table tennis 12pm-1pm
21 The Crafty Collective 10am-12pm	22 Empower Hour 1.30pm-2.30pm	23 Garden Care 9.30am-12pm	24 Table tennis 12pm-1pm
28 The Crafty Collective 10am-12pm	29 Empower Hour 1.30pm-2.30pm	30 Garden Care 9.30am-12pm <i>Pinking Up the South Burnett</i>	31 Table tennis 12pm-1pm



High Tea

Join us for a High Tea at the Biscuit Tin as we acknowledging the importance of mental health and the power of human connection. Bring your own platter to share as we sip tea, enjoy good company, and open up conversations that matter. Give us a call on 4162 5439 to register your interest.

Location: 15 Albert Street, Kingaroy

Cost: Free



Proston Mental Health Peer Support Group

A local peer support group for any person who is seeking connection and has a lived experience of mental ill health. For more information about this group, please give us a call on 4162 5439.

Location: Proston Cultural Centre

Cost: Free

Empower Hour

During Sexual Violence Awareness month, Centacare is hosting a women's only, fitness program. This program focuses on movement, connection and healing and is available to current Centacare clients only.

Meets and beats

Working with drum and percussion rhythm supports human bonding, improves retention and increases emotional regulation. Come and enjoy the benefits!