

Welcome to Kingaroy Neighbourhood Centre

We believe in communities where everyone is welcome, included and has their own contribution to make. Our Kingaroy Neighbourhood Centre offers groups, social events, activities and a welcoming space to people who are looking for ways to feel more connected.

If you're experiencing challenges in your life, we listen without judgement and can help you to access local services that support your wellbeing. Anyone in the South Burnett community is welcome to attend. We're always looking for new and interesting ways to engage with our community. If you have a suggestion for a group activity or see a need in the South Burnett that isn't being met, please call us.

We hope to see you soon!



Kingaroy Neighbourhood Centre
15 Albert Street, Kingaroy
4162 5439
centacaresouthburnett@bne.centacare.net.au
centacare.com/neighbourhood

Welcome to Kingaroy Neighbourhood Centre



Garden Care

They say nature feeds the soul. Join us for a variety of projects including composting, growing flowers and vegetables and planning and designing new garden spaces. Enjoy a barbecue lunch with us once a month.

Location: 15 Albert Street, Kingaroy

Cost: Free



The Crafty Collective

Love crafting, cuppas and giving back? Join our free group to make items that support local causes and our community. All welcome—no skills required! Please phone us at 4162 5439 to RSVP.

Location: 15 Albert Street, Kingaroy

Cost: Free



Proston Mental Health Peer Support Group

A local peer support group for any person who is seeking connection and has a lived experience of mental ill health. For more information about this group, please give us a call on 4162 5439.

Location: Proston Cultural Centre

Cost: Free



What's on in February?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 The Crafty Collective 10am-12pm	4	5 Garden Care 9:30am-12pm	6 Table Tennis 12pm-1pm
9 First Minutes Matter Workshop 9am-3pm	10 The Crafty Collective 10am-12pm	11 Hoy 11am-2pm	12 Garden Care 9:30am-12pm	13 Table Tennis 12pm-1pm
16	17 Meets and Beats 9am-10am The Crafty Collective 10am-12pm	18 Proston Mental Health Group 10am	19 Garden Care 9:30am-12pm	20 Table Tennis 12pm-1pm
23	24 The Crafty Collective 10am-12pm	25	26 Seniors Gardening Day 9:30am-12pm	27 Table Tennis 12pm-1pm



Hoy

Come for a fun afternoon of Hoy, brought to you by Centacare and CTC Services. Enjoy good company, light refreshments and a chance to win prizes!

Date: 11/02/2026 **Time:** 11:00am - 2:00pm **Cost:** Free

Location: Parish Hall - 15 Albert Street, Kingaroy

Contact: 07 4162 5439 or
centacaresouthburnett@bne.centacare.net.au



Seniors Gardening Day

Join us once a month for a free community gardening day for Seniors! Come and enjoy some gardening, fresh air and good company.

Date: 26/02/2026 **Time:** 9:30am - 12:00pm **Cost:** Free

Location: 15 Albert Street, Kingaroy **Contact:** 07 4162 5439 or
centacaresouthburnett@bne.centacare.net.au

First Minutes Matter Workshop - LifeFlight



LifeFlight is offering a free community workshop for emergency trauma training. This community workshop will give attendees the opportunity to gain practical skills for managing a range of emergency situations, such as snake bites, seizures, farm accidents, and more. Light refreshments will be provided, BYO lunch.

Date: 9/02/2026 **Time:** 9:00am - 3:00pm **Cost:** Free

Location: Parish Hall - 15 Albert Street, Kingaroy

Contact: 07 4162 5439 or
centacaresouthburnett@bne.centacare.net.au

Meets and Beats

Working with drum and percussion rhythm supports human bonding, improves retention and increases emotional regulation. Come and enjoy the benefits!

Date: 17/02/2026 **Time:** 9:00am - 10:00am

Cost: Free

Table Tennis

Drop by our community centre for a hit of table tennis. Everyone is welcome to come and play! Give us a call on 4162 5439 to register your interest.

Date: Every Friday **Time:** 12:00pm - 1:00pm

Cost: Free



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Care is our calling.